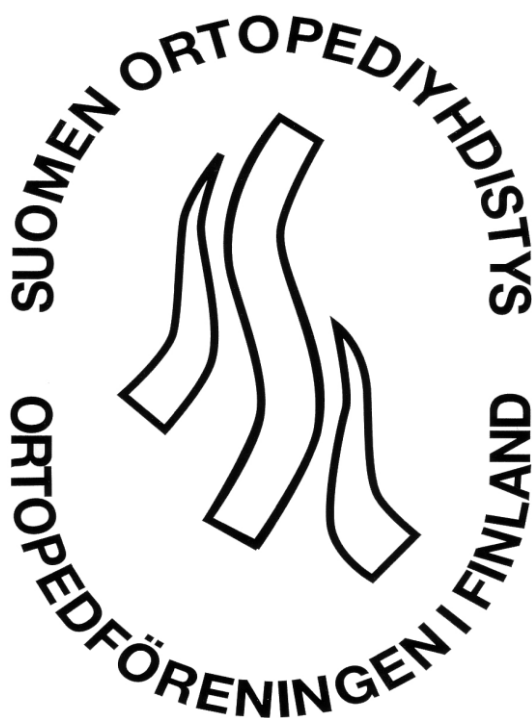


XXI Finnish-Austrian Orthopaedic Trauma Course

6.-9.3.2022

Hotel Montana Congress Centre, Oberlech, Austria



Organizing Committee

Markus Parkkinen, Chairman

Jan Lindahl, Program Chair

Thomas Ibounig

Mikko Manninen

Wolfgang Grechenig

FINNISH ORTHOPAEDIC ASSOCIATION

Established 1951

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Hotel Montana Congress Centre, Oberlech, Austria

Scientific Program

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Sunday, 6 March, 2022

- | | |
|-------|---|
| 15:00 | Registration |
| 18:00 | Opening Ceremony |
| 18:00 | Welcome
Markus Parkkinen, MD, PhD
Chairman |
| 18:10 | Welcome to Oberlech
Patrick Ortlieb
Olympic gold medalist and World champion in Downhill skiing |
| 18:20 | Program details
Organizing committee |
| 19.00 | Dinner |

Monday, 7 March, 2022

08:00 SESSION I - Foot and Ankle

Chairmen: Oliver Michelsson and Beat Hintermann

008:00 Physical examination and imaging of the foot and ankle – what has changed? (15+5)

Beat Hintermann, MD

08:20 Neglected injuries to the ligaments of lateral ankle (15+5)

Beat Hintermann, MD

08:40 Injuries to the medial ankle ligaments – fact or fiction? (15+5)

Roxa Ruiz, MD

08:55 The progressive break-down of the foot (15+5)

Roxa Ruiz, MD

09:10 Current treatment options in ankle osteoarthritis (15+5)

Beat Hintermann, MD

09:30 Hallux rigidus (10+5)

Timo Sirola, MD

09:45 Discussion

09:50 Coffee and technical exhibition

10:10 SESSION II - Pelvis and Lower Extremity

Chairmen: Jan Lindahl and Axel Gänsslen

10:10 The role of primary hip arthroplasty in acetabular fracture surgery (15+5)

Axel Gänsslen, MD

10:30 Long-term outcome of slipped capital femoral epiphysis (15+5)

Thomas Schlenzka, MD

10:50 Treatment of distal femoral fractures (15+5)

Heini Sainio, MD

11:10 Is primary knee arthroplasty an option for proximal tibial fractures? (15+5)

Axel Gänsslen, MD

11:30 Is routine removal of syndesmotic screw needed? (10+5)

Markus Parkkinen, MD, PhD

11:45 Acute compartment syndrome (10+5)

Thomas Ibounig, MD, Jörg Schilcher, MD

12.00 Lunch and technical exhibition

- 16:00 Discussions in groups (case presentations) I:
1) Ankle sprain (O. Michelsson, T. Sirola and M. Hautamäki)
2) Pelvis and lower leg (A. Gänsslen and J. Lindahl)
- 19:00 End of the day

Tuesday, 8 March, 2022

- 08:00 SESSION III - Special Issues**
Chairmen: Eero Hirvensalo, MD, Prof. and Thomas Schlenzka
- 08:00 Ocular Traumatology for dummies and/or orthopaedic surgeons (10+5)
Anna Schlenzka, MD
- 08:15 The effect of the Covid-19 pandemic on pediatric trauma (10+5)
Arimatias Raitio, MD, PhD
- 08:30 Endoscopic spine surgery (15+5)
Jari Siironen, MD, PhD
- 08:50 HTO vs. UKA for medial knee osteoarthritis (15+5)
Juuso Siren, MD
- 09:10 Evaluation of chondral injuries and repair (15+5)
Jani Puhakka, MD
- 09:30 Patient injuries – malpractice (15+5)
Eero Hirvensalo, MD, Prof.
- 09:50 Coffee and technical exhibition
- 10:10 SESSION IV - Upper extremity**
Chairmen: Thomas Ibounig and Karl Wieser
- 10:10 Treatment of lateral clavicle fractures (15+5)
Karl Wieser, MD
- 10:30 Bankart fractures: Conservative or operative treatment? (15+5)
Karl Wieser, MD
- 10:50 Treatment of distal humerus fractures (15+5)
Tuomas Lähdeoja, MD
- 11:10 Comminuted radial head fractures (15+5)
Thomas Ibounig, MD
- 11:30 Elbow dislocation – when surgical treatment is needed? (15+5)

Robert Björkenheim, MD, PhD

- 11.50 Course photography
- 12:00 Lunch and technical exhibition
- 16:00 Discussions in groups (case presentations) II:
1) Upper extremity (T. Ibounig and K. Wieser)
2) Patient injuries (E. Hirvensalo)
- 18:00 Fellowship year in Schulthess Clinic, Zürich, Switzerland
Jani Puhakka, MD
- 19:00 End of the day

Wednesday, 9 March, 2022

08:00 SESSION V - Knee

Chairmen: Markus Parkkinen and Petri Sillanpää

- 08:00 Surgical management for patellar dislocation - when and how to correct bony abnormalities? (15+5)
Petri Sillanpää, MD, PhD
- 08:20 Intra-articular injections of the knee - current concepts (15+5)
Jussi Kosola, MD, PhD
- 08:40 Operative techniques in meniscal surgery (15+5)
Mikko Ovaska, MD, PhD
- 09:00 How to reduce the risk of ACL re-rupture (15+5)
Mikko Kirjavainen, MD, PhD
- 09:20 Instability after total knee arthroplasty (15+5)
Mikko Manninen, MD
- 09:40 Discussion
- 09:50 Coffee and technical exhibition
- #### **10:10 SESSION VI - Joint reconstruction**
- Chairmen: Olli Komulainen and Mikko Manninen
- 10:10 Nerve injuries in total joint arthroplasty surgery (15+5)
Olli Komulainen, MD

- 10:30 Optimizing the outcomes in total knee arthroplasty with perioperative treatment protocols (25+5)
Mikko Rantasalo, MD
- 11:00 Robotics in total joint arthroplasty – better results or waste of money? (15+5)
Mikko Rantasalo, MD
- 11:20 Hip joint preserving surgery (15+5)
Matti Seppänen, MD
- 11:40 ABOGrAft – antibiotic impregnated bone graft in hip revision surgery
Jörg Schilcher, MD
- 12:00 Lunch and technical exhibition
- 16:00 Case presentations
- 19:00 End of the day
- 19:00 Course dinner

Finnish-Austrian Orthopaedic Trauma Courses: Schruns 1981, Bad Hofgastein 1983, Oberlech 1985, Ischgl 1987, Oberlech 1989, Obergurgl 1991, Obergurgl 1993, Oberlech 1995, Ischgl 1997, Ischgl 1999, Oberlech 2001, Oberlech 2003, Obertauern 2005, Serfaus 2007, Oberlech 2009, Zauchensee 2011, Oberlech 2013, Oberlech 2015, Oberlech 2017, Leogang 2019, Oberlech 2022